



# aspire WALKER RANGE



MINI 6



XL



DELUXE



TRI-WHEEL



CLASSIC 6



PUSH DOWN



CLASSIC 8

Thank you for choosing this Aspire walker.

This product has been specifically designed to offer comfort, support and safety. Aspire seat walkers are suitable for indoor and outdoor use and are available in a range of sizes.

**It is important that you read this user manual carefully before using your new walker.**

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# 1. PRODUCT SPECIFICATIONS



## SEAT WALKER DELUXE

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	SEAT DEPTH	SEAT WIDTH	SEAT HEIGHT	BACKREST HEIGHT	FOLDED WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
834 – 989mm	764mm	545mm	305mm	355mm	587mm	836mm	245mm	8"	7kg	130kg

## SEAT WALKER CLASSIC 8"

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	SEAT DEPTH	SEAT WIDTH	SEAT HEIGHT	BACKREST HEIGHT	FOLDED WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
817 – 972mm	660mm	628mm	305mm	355mm	584mm	815mm	200mm	8"	7kg	130kg

## SEAT WALKER CLASSIC 6"

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	SEAT DEPTH	SEAT WIDTH	SEAT HEIGHT	BACKREST HEIGHT	FOLDED WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
760 – 915mm	624mm	615mm	305mm	355mm	528mm	769mm	200mm	6"	6kg	130kg

## SEAT WALKER MINI

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	SEAT DEPTH	SEAT WIDTH	SEAT HEIGHT	BACKREST HEIGHT	FOLDED WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
743 – 905mm	556mm	615mm	305mm	355mm	490mm	690mm	200mm	6"	6kg	130kg

## SEAT WALKER XL

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	SEAT DEPTH	SEAT WIDTH	SEAT HEIGHT	BACKREST HEIGHT	FOLDED WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
850 – 982mm	697mm	732mm	340mm	495mm	560mm	850mm	230mm	8"	8kg	180kg

## SEAT WALKER PUSH DOWN

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	SEAT DEPTH	SEAT WIDTH	SEAT HEIGHT	BACKREST HEIGHT	FOLDED WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
851 – 962mm	656mm	616mm	305mm	355mm	580mm	815mm	255mm	7"	7kg	130kg

## SEAT WALKER TRI-WHEEL

OVERALL HEIGHT	OVERALL LENGTH	OVERALL WIDTH	SEAT DEPTH	SEAT WIDTH	SEAT HEIGHT	BACKREST HEIGHT	FOLDED WIDTH	CASTOR SIZE	UNIT WEIGHT	S.W.L
800 – 920mm	730mm	645mm	-	-	-	-	275mm	8"	5.5kg	115kg

# 2. COMPONENTS & FEATURES



**SEAT WALKER DELUXE**



Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
Inline rear castors for increased stepping zone
Handle height adjusts quickly with hand wheels for optimal sizing
Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
Padded seat flips up easily for access to storage bag (supplied) or for folding
Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
Easy folding mechanism facilitates storage and transportation
Swiveling front castor wheels increase manoeuvrability
8" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
Available in blue or red
Easy wipe-clean surfaces



**SEAT WALKER CLASSIC 8"**



Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
Handle height adjusts quickly with hand wheels for optimal sizing
Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
Padded seat flips up easily for access to storage bag (supplied) or for folding
Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
Easy folding mechanism facilitates storage and transportation
Swiveling front castor wheels increase manoeuvrability
8" solid, puncture-proof wheels which provide increased manoeuvrability over various surfaces
Available in blue or red
Easy wipe-clean surfaces



### SEAT WALKER CLASSIC 6"



Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
Handle height adjusts quickly with hand wheels for optimal sizing
Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
Padded seat flips up easily for access to storage bag (supplied) or for folding
Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
Easy folding mechanism facilitates storage and transportation
Swiveling front castor wheels increase manoeuvrability
6" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
Available in blue or red
Easy wipe-clean surfaces



### SEAT WALKER MINI



Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
Low 490mm seat height to suit lower height/shorter users
Handle height adjusts quickly with hand wheels for optimal sizing
Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
Padded seat flips up easily for access to storage bag (supplied) or for folding
Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
Easy folding mechanism facilitates storage and transportation
Swiveling front castor wheels increase manoeuvrability
6" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
Available in blue or red
Easy wipe-clean surfaces



### SEAT WALKER XL

Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
Wide padded seat and increased 180kg safe working load for large users
Handle height adjusts quickly with hand wheels for optimal sizing
Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
Extra large padded seat flips up easily for access to storage bag (supplied) or for folding
Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
Easy folding mechanism facilitates storage and transportation
Swiveling front castor wheels increase manoeuvrability
8" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
Available in silver
Easy wipe-clean surfaces



### SEAT WALKER PUSH DOWN

Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
Weight activated brakes ideal for arthritic hands
Handle height adjusts quickly with hand wheels for optimal sizing
Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
Padded seat flips up easily for access to storage bag (supplied) or for folding
Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
Easy folding mechanism facilitates storage and transportation
Swiveling front castor wheels increase manoeuvrability
7" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
Available in blue or red
Easy wipe-clean surfaces



### Seat Walker Tri-Wheel



Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
Handle height adjustable to suit user requirements
Three-wheel Ideal of using in confined spaces
Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist / hand joint pain
Easy folding mechanism facilitates storage and transportation
Handbrakes are lockable for stability while standing
Strong heavy gauge steel constructions for support and durability
Basket, bag and meal tray provided for storage and ease of travel
Swivelling front castor wheels increase manoeuvrability
Available in red
Easy wipe-clean surfaces

# 3. INSTRUCTIONS FOR USE

## APPLYING BRAKES

### For models with hand brake only

Aspire Seat Walkers feature ultra soft touch brakes - very little force is required to engage the brake lock. Always use the seat walker handles, not brake levers, to support body weight. Ultra soft touch brake levers are not designed for this purpose which may cause damage

1. Pull the hand brake up towards the palm of your hand creating a fist
- 2a. Push the hand brake down gently until lock activates. This can be done with as little as 2.5kg of pressure
- 2b. To release the brake, push the hand piece back towards the grip



### For push down models

Apply weight through the handles to force to force rubber stopper in contact with the ground



## SITTING ON THE WALKING FRAME

### For models with hand brakes only

1. Ensure the hand brakes have been pushed down until an audible click noise has been heard. This function can also be confirmed visually as the brake handle will remain pushed down (image 2a above)
2. While holding on to the handles (not the brake levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs
3. Slowly and carefully lower yourself on to the seat
4. Always sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable.
5. NEVER propel yourself with your feet using the seat walker as a transportation device - it is NOT designed for this purpose.
6. NEVER allow another person to push you along in the seat walker whilst seated as it is NOT designed as a transportation device or to serve as a substitute for a wheelchair

### For push down models

1. While holding on to the handles (no levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs
2. Slowly and carefully lower yourself on to the seat. Pushing down on the handles will bring the rubber stoppers in contact with the ground and engage the braking mechanism.
3. Always sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable.



### For Tri-Wheel Models

This model of walker is NOT designed for seating, as it's only purpose is to assist user mobility.

## FOLDING AND STORAGE

1. Lift up the padded seat
2. Pull on the handle in the under seat bag, this will cause the A-Frame section to fold
3. Pull up the padded backrest - or alternatively this can be removed using the push buttons on either end of the backrest



## BRAKE ADJUSTMENT

1. A tension adjustment nut is located at the point where the brake cable inserts into the brake handle (refer to image 1). There is also a tension adjustment at the other end of the brake cable where it inserts into the brake mechanism near the rear wheel (refer to image 2).

These adjustment nuts can be used to tighten the cable (if brakes are loose or not working normally) or loosen if brakes are too tight and not allowing the rear wheels to roll freely.

2. Brakes are adjusted to the optimal tension during manufacturing and should not require adjustment when new. Over time as rear wheels wear and reduce in diameter, brakes can and will become loose and may need to be tightened.



## ADJUSTING HANDLE HEIGHT

1. Undo hand wheel
2. Reposition handle to appropriate height
3. Reinsert hand wheel and tighten



### For XL Model:

1. Undo hand wheel from nut and reposition handle to appropriate height
2. Reinsert hand wheel, add washer and nut then tighten



# 4. CARE & MAINTENANCE

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## MAINTENANCE SCHEDULE

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Weekly	Periodically	Yearly	Serviceable Components
<ul style="list-style-type: none"><li>• Check brakes for malfunction</li><li>• Check all wheels and castors for loose bolts &amp; nuts</li></ul>	<ul style="list-style-type: none"><li>• Check handgrips for wear</li><li>• Check frame bolts are secure</li><li>• Check folding hinge bolts are secure</li><li>• Check front and rear axle bolts are secure</li><li>• Check for wear or cracks</li><li>• Check wheels for splitting or damage</li><li>• Check seat upholstery for wear and seat base for cracks and that it is secured to frame</li></ul>	<ul style="list-style-type: none"><li>• Once a year take your seat walker to an authorised repairer for a full check, clean, service and lubrication of all moving parts</li></ul>	<ul style="list-style-type: none"><li>• Wheels</li><li>• Bag</li><li>• Hand grips</li><li>• Brake Cables</li><li>• Seat</li><li>• Brake Handles</li><li>• Bearings</li><li>• Bolts and Nuts</li></ul>

# 5. WARNINGS

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1. Safe working load is 130kg (180kg for XL model)
2. Do NOT stand on this product
3. Ensure both push handles are adjusted to the same height
4. Seek advice from a trained health care professional or approved Aspire retailer representative for height adjustment of this product
5. Do NOT use in place of a wheelchair or patient transport device
6. Do NOT attempt to replace the wheels or castors of your seat walker. If they are faulty or require replacement please contact an authorised repairer
7. Ensure that your seat walker is opened fully (folding hinge is straight) before using it
8. Ensure that your fingers are clear from folding hinge when folding
9. For Tri-Wheel Models - This model of walker is NOT designed for seating, as it's only purpose is to assist user mobility.

# 6. COMPLIANCE

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The Aspire walker range is manufactured to strict quality control standards.

As part of Australian Standards compliance, safety stickers are located on the frame of this walker. Please ensure that you familiarise yourself with these prior to use.

This product complies with Australian Standards ISO11199-2:2005. As the importer of this product, Aidacare maintains records of all testing reports and compliance certificates. All testing was completed by Novitatech.

Novitatech is an independent NATA accredited laboratory and is widely acknowledged as the leading provider of safety testing services for walkers and mobility products in Australia.

# 7. WARRANTY

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Aidacare provides a 12 month warranty subject to reasonable wear and tear. Aidacare is bound by Australian Consumer Law in respect to "Warranty Against Defects" on this product. A copy of the Aidacare "Warranty Against Defects" Statement is available on our homepage ([www.aidacare.com.au](http://www.aidacare.com.au)). Any contact pertaining to warranty matters should be directed to Aidacare Customer Service on 1300 133 120 where support will be provided.

Should any part of the seat walker break, fatigue or show defects due to manufacturing issues or error, Aidacare will replace the affected components free of charge and reserves the right to replace the entire seat walker should this be more economical for Aidacare. All warranties are back to base, which requires the user to return the seat walker or the affected part to an Aidacare Service Centre. For the location of your nearest service centre call 1300 133 120.

For all warranty claims, proof of purchase must be provided by the customer. Aidacare warranty does not cover any product or component damaged or broken due to neglect or misuse. Aidacare does not honor this warranty for any product that has been modified from its original state. Aidacare will bear no freight costs for the return of any items under warranty.

The suggested service period for all seat walkers is every 12 months.

# 8. SERVICE MAINTENANCE & CUSTOMISATION

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To arrange a service or customisation for your walker, please call Aidacare on 1300 133 120.





AIDACARE PTY LTD  
4 Noonan Road, Ingleburn NSW 2565  
1300 133 120  
[www.aidacare.com.au](http://www.aidacare.com.au)

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